

Rocky River Ranch Class Information 2020

Sessions 1, 3, 4, & 6

9:00 am

Archery
Baking
Challengers (5th grade +)
Crafts
Dance
Doll Making
Farm Animal Fun
Horseback: Barn Girls
(2nd-4th grade)
Painting
River Sports
Rocky River Reporters
Sewing: Clutch & Key Chain
Sport-A-Day
Synchro Swimming
Ukulele 101
Yarn Girls

10:00 am

Archery
Baking
Challengers (5th grade +)
Cheers & Chants
Crafts
Discovery Girls
Diving Galore & More!
Doll Making
Growing & Gardening
Horseback: Barn Girls
(5th-7th grade)
Mind Benders
Painting
River Sports
Sewing: Clutch & Key Chain
Tennis
Triple R Girls

11:00 am

9G+
Anything Goes
Archery
Baking
Challengers (5th grade +)
Discovery Girls
Diving Galore & More!
Drama
Farm Animal Fun
Friendship Bracelet Making
Horseback: Barn Girls
(8th grade- 11th grade)
Letters & Lettering
Miniatures
River Sports
Sewing: Clutch & Key Chain

5:00 pm

9G+
Anything Goes
Blanco Bliss
Fashion Design
Friendship Bracelet Making
Growing & Gardening
Improv-a-Rama
Mind Benders
Miniatures
Pool Games
Random Acts of Kindness
Strength & BeYOUty
Ukulele 101
Zip Line (7th grade +)

Sessions 2 & 5

9:00 am

Archery
Baking
Boards & Backdrops
(7th grade +)
Crafts
Climbing Wall/Rappelling
(5th grade +)
Dance
Doll Making
Farm Animal Fun
Horseback: Barn Girls
(2nd-4th grade)
Painting
River Sports
Screamer/Crate Stacking
(5th grade +)
Sewing: Shirt Making
(intermediate - advanced)
Tennis
Ukulele 101
Water Aerobics

10:00 am

Archery
Baking
Climbing Wall/Rappelling
(5th grade +)
Crafts
Doll Making
Fitness
Friendship Bracelet Making
Growing & Gardening
Horseback: Barn Girls
(5th-7th grade)
Mind Benders
Painting
River Sports
Screamer/Crate Stacking
(5th grade +)
Sewing: Shirt Making
(intermediate - advanced)
Strength & BeYOUty
Synchro Swimming
(intermediate - advanced)
Triple R Girls
Yarn Girls

11:00 am

9G+
Archery
Anything Goes
Baking
Climbing Wall/Rappelling
(5th grade +)
Discovery Girls
Drama
Farm Animal Fun
Horseback: Barn Girls
(8th grade- 11th grade)
Letters & Lettering
Miniatures
River Sports
Rocky River Reporters
Screamer/Crate Stacking
(5th grade +)
Sewing: Clutch & Key Chain
Synchro Swimming
(beginner - intermediate)

5:00 pm

9G+
Anything Goes
Blanco Bliss
Fashion Design
Friendship Bracelet Making
Improv-a-Rama
Mind Benders
Miniatures
Sweet Decorating
Pool Games
Random Acts of Kindness
Strength & BeYOUty
Ukulele 101
Zip Line (7th grade +)

Class Descriptions

9G+

Learn, play and hone your skills in active and fast-paced games - Ga-Ga Ball, 9-Square, murbles, sprout ball and more! All ages and abilities welcome.

ANYTHING GOES Vote together on the first day from a list of activities for the rest of the week! One day a craft, the next day a game; make ice cream, go for a hike, or have a water balloon fight- anything goes!

ARCHERY Bows and arrows aimed at the targets downrange. Learn everything from the basics of archery to how to improve your skills. Practice each day for the tournament at the end of the week.

NEW BACKDROPS & BOARDS

Transform the stage into a new world for the summer Drama play by painting large backdrops for the show. Plan, draw and paint the wooden Drama board to showcase the play. This class is for advanced painters in 7th grade and up.

BAKING Girls will learn techniques and tips as they get their hands messy baking tasty treats both sweet and savory.

BLANCO BLISS This class is for girls who can't get enough of the beautiful Blanco River. Find bliss in a different way each day- from snorkeling and rock-hunting to venturing up and down river.

CHALLENGERS Love a challenge? This class rotates through Climbing Wall, Rappelling, the Screamer and Crate Stacking - each day a new challenge! Must weigh at least 75 lbs and be going into 5th grade or older. This class is offered in Sessions 1,3,4 and 6.

NEW CHEERS & CHANTS

For the enthusiastic girls who want to learn basic cheers and chants. This class will be our camp spirit leaders and "pump us up" with new team chants and cheers in class and all around camp. Offered in Sessions 1, 4 and 6.

UPDATED CLIMBING WALL/ RAPPELLING

Challenge yourself climbing up and rappelling down in this duo class. Alternate between the climbing wall and natural rappelling cliff to hone your skills on belay! Try different routes on the wall and learn scaling and bounding on the cliff for an extra challenge. This class is for girls at least 75 lbs in 5th grade or older and is offered in Sessions 2 and 5.

CRAFTS This class is for crafty girls who love hands-on projects. You'll get to unleash your creativity on several projects during the week.

DANCE Learn steps for different types of dance (such as ballet, ballroom, jazz, hip hop, etc.) and practice for an end-of-session performance.

DISCOVERY GIRLS

You'll discover the world around you via fun experiments and hands-on activities in this science-based class!

NEW DIVING GALORE & MORE!

Jump, dive and splash! Learn different dives, tricks, and games in this fun pool class. This class is for girls who can't get enough of the pool!

DOLL MAKING Create your own unique Rocky River doll as you learn the traditional art of doll making. Includes stuffing, sewing, and soft sculpture techniques. Great for all ages!

DRAMA Learn dramatic techniques as you rehearse for the end-of-session performance. The drama staff chooses a script and the girls try out at the beginning of the week. Open to all skill levels with lots of opportunity to learn. We will have tech roles such as stage manager, making props, and gathering costumes.

NEW FASHION DESIGN

In this class girls will use their creativity to draw and design. They will learn how to fashion sketch and practice their skills by using their wildest imagination to design ball gowns, swimsuits, a summer fashion line and more!

UPDATED FARM ANIMAL FUN

Ever wanted to collect a basket of fresh eggs, feed and pet a goat, hold a chicken, meet a donkey, or just learn more about our sweet farm animals? If so, this class is for you! Every day we'll have fun learning and loving on lots of cute critters. If you're a future farmer or just a fan of adorable animals, this class will be a good time!

FITNESS Explore what it means to live a healthy lifestyle and spend time doing exercises. Format may vary, but can include: kick boxing, pilates, yoga, jogging, water aerobics and more! This class is offered in Sessions 2, 3 and 5.

UPDATED FRIENDSHIP BRACELET MAKING

Create a variety of friendship bracelets using different patterns throughout the week. From basic to advanced, everyone can make a bracelet for a friend!

NEW GROWING & GARDENING

This class will teach techniques on taking care of your herb/veggie garden, landscaping, and propagating and planting indoor plants. Learn gardening, greenery, and growing tips you'll need to become a bona fide Plant Lady!

HORSEBACK: BARN GIRLS

In order to have more fun and age appropriate lessons, this class is now organized by grades at different hours. Barn Girls is focused on learning about horses from the ground up. Our lessons mix horseback riding techniques and fun horse care! In ground lessons, we'll teach grooming, saddling, anatomy of the horse, roping and more. In the riding portion, we'll work on western equitation, safe riding habits, riding games, and trail riding. Equine enthusiasts of all skill levels welcome!

IMPROV-A-RAMA In this theater-skills class, girls will enjoy the basics of improv acting and games as well as getting to have fun on stage, learning accents and skits.

LETTERS & LETTERING

We love snail mail! In this class girls will learn the art of writing letters. They will also learn how to write in different fonts and make and decorate their own envelopes. Campers will write letters to friends and family to send via snail mail or give to friends here at RRR.

NEW MIND BENDERS

Mind games, card tricks, illusions and more. Have fun with your friends while solving puzzles and stretching your mind.

MINIATURES Learn how to create teeny-tiny objects for a tiny room you'll love to take home and display.

PAINTING Create your own masterpiece! Learn about painting techniques, composition and art history as you express yourself in this class. Your painting will be part of the gallery displayed on closing day.

POOL GAMES For the camper who loves the pool! Start with structured games each day, add some fun on the slide and pool toys, and end each class with a little extra free swim.

RANDOM ACTS OF KINDNESS

Kindness is our language here at RRR. In this class girls will do a different act of kindness every day to serve the ones around them, our Rocky River community, and beyond!

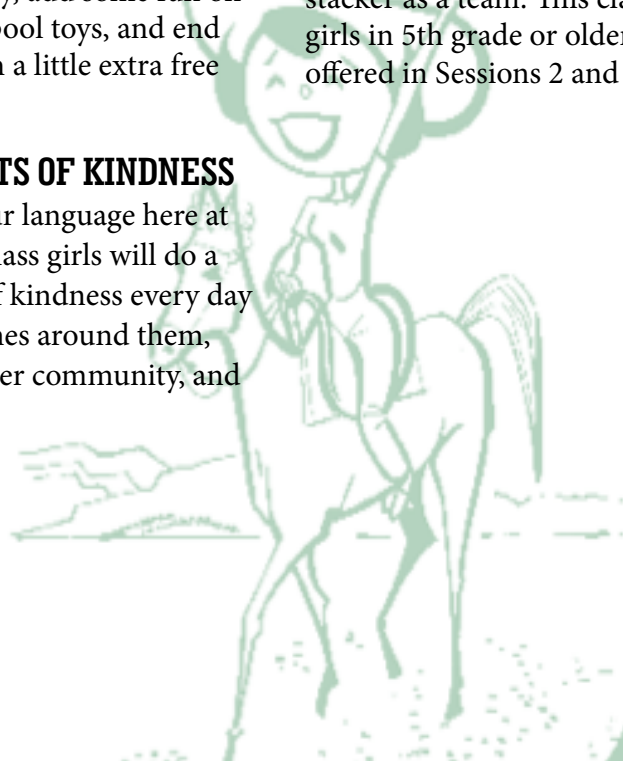
RIVER SPORTS We've combined four river favorites in one class; enjoy the Blanco River as you learn how to kayak, cruise on a stand-up paddleboard, balance on a floating log and try your hand at catching a fish! This class cools off in the water and takes an end-of-session river walk.

ROCKY RIVER REPORTERS

Get behind and in front of the camera as the class shoots videos and writes articles that make up the Rocky River Round-Up newsletter. Girls will use iPads to edit their work and send out session news to parents.

UPDATED SCREAMER/CRATE

STACKING Put on a harness, get clipped in, and be pulled up to swing from up to 40 feet high on our giant swing, the Screamer! The next day try different strategies to stack plastic crates and climb on them as high as you can. Teamwork makes these elements possible as campers pull each other up the Screamer and support the crate stacker as a team. This class is for girls in 5th grade or older and is offered in Sessions 2 and 5.



SEWING: CLUTCH AND KEY CHAIN Learn sewing machine basics and practice your skills by making a clutch bag and a key chain to take home. All levels welcome. We will send an email closer to the summer with a supply list to bring to camp.

SEWING: SHIRT MAKING (INT./ADV. SEWERS)

Use your sewing machine skills to sew a shirt. You will have the freedom to make it unique- choose from a variety of patterns, then add your own touches. This class is designed for intermediate/advanced sewers. We will send an email closer to the summer with a supply list to bring to camp. Offered in Sessions 2, 3 and 5.

SPORT-A-DAY Learn about and play a different sport each day. Basketball, volleyball, tennis, soccer, and sprinkler kickball - just to name a few.

STRENGTH AND BE *YOUTY*

Beauty comes from the inside, and this class is all about confidence, individuality, kindness and independence. Discussions and activities centered around topics such as healthy living (nutrition, self confidence, exercise, hygiene) and how to foster self confidence.

NEW SWEET DECORATING

Learn techniques such as piping, painting, stenciling, using fondant and more as you practice your decorating skills. Put it all together at the end of the week to create adorable cupcakes and cookies.

SYNCHRONIZED SWIMMING

Learn sculling, breath control and water ballet moves. You will also learn and practice a routine to perform during the Water Show at the end of the session. (This class meets both weeks of 2-week sessions.)

TENNIS All levels welcome as you learn, practice, and improve your tennis skills with lots of fun games! End the week with a trip to the local high school tennis courts.

NEW TRIPLE R GIRLS

Fun and effective ways to Reduce, Reuse & Recycle! Learn all about the 3 R's and make recycled products that will be useful in everyday life. Spend one class helping construct a recycled material greenhouse, while learning about food & waste composting. If you're interested in a low impact lifestyle or just want to make cute, upcycled crafts this class is for you!

UKULELE 101 In this class girls will be taught Ukulele basics while having fun. All levels of musicians are welcome! Ukuleles will be provided by RRR for the girls to learn and practice while here.

YARN GIRLS Learn the basics of knitting, crocheting or embroidery as well as expand skills you already have. Complete a project at your own pace while you visit with friends and learn skills that will last a lifetime!

ZIP LINE Put on a harness, climb the telephone pole, sit on the platform, and zip across the gully! This class is for fearless girls who love excitement and are going into 7th grade or older.

